

## 2010 DANCE CAMP CHICAGO STARTER DIVISION RULES

To be eligible for Starter divisions, competitors may not have competed at the Newcomer level or above except in 2009. ProAm contestants may choose to enter Starter A or B as a one-time occurrence.

- We will be offering one Starter division (combining A and B).
- We will be using the 45 seconds of music format for the starter division.
- We will allow same sex couples in ProAm.
- There are no costume regulations.

### Two Step

1. Forward Basic;
2. Transition from Forward Line to Back Line;
3. Transition from Back Line to Forward Line;
4. Lady's Right Turn to Promenade;
5. Lady's Left Turn to Wrap and Throw out to Closed

### Two Step

1. Lady's Right Turn to Back Line of Dance;
2. Chassés;
  - a. To Forward Line of Dance
  - b. To Back Line of Dance
3. Patty Cake Vine
4. Lady's Left Turns
  - a. To Back Line of Dance
  - b. Forward Line Turn to Facing Partner
5. Weaves
  - a. Check Weave
  - b. Cut Weave
  - c. Cross Weave

### West Coast Swing

1. Starter Step
2. Starter Step to Throw out
3. Sugar push
4. Side Passes
  - a. Right Side Pass
  - b. Left Side Pass
5. Push Tuck

### West Coast Swing

1. Whips
  - a. Closed Whip
  - b. Locked Whip
2. Whips with Lady's Right Turn
  - a. Closed
  - b. Locked
3. Left Side Pass with Lady's Left Turn
4. Reverse to Closed